

## Year 4 Food Glorious Food Home Learning Activities

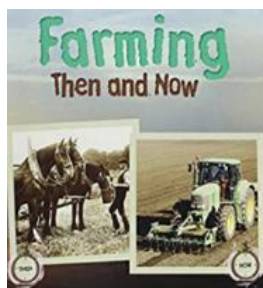
### Science

Create a poster to show how food is digested. You could add 3D elements to your poster. Make sure to include lots of information!



### History

Find out about how farming and food production has changed over time. How has this impacted the food that we get in the shops?



### Geography

Choose a few of your favourite foods. Find them in the supermarket and see which countries they come from. Locate these countries on a world map.



### Art

Learn about artists who make food sculptures and paintings. Then have a go yourself!



### DT

Make your own bread! Write down the ingredients and steps to making it, then with the help of an adult, cook it and take a picture of it!



### Computing

EXCEL. Open Microsoft Excel. In column A type in a list of food that you eat at home. These are called 'fields'. Ask your family and friends to each make one vote. What is their favourite food? In column B write down how many votes each field got. Then highlight these columns and 'insert' a graph to show your results.

### RE

Find out what food is traditionally eaten during Easter and the reason why.



### PSHE

Keep a food diary for the week of what you eat for breakfast, lunch and dinner. Review your eating for the week:

- What was healthy?
- What are you eating a lot of?
- What could you add more to your diet to keep healthy? (more vegetables, fruit etc)



### PE

Develop your stamina by running, jogging or skipping for at least 2 minutes. Keep a fitness diary where you can record how long you can keep moving for without stopping. See if you can improve your time!



### RRSA

#### Article 24

Every child has the right to the best possible health.



Talk about the different changes you can make to your life. How could you change your diet and exercise? How can the government help with this?

**Choose 1 activity each week to complete at home. You can bring your completed work to school, where it will be displayed in your classroom.**