



Head Teacher: Lucy Rodgers

Interim Deputy Head: Wendy Wayland

11<sup>th</sup> November 2017

Dear Parent/Carers,

Swimming forms a vital part of PE in the National Curriculum. The school has a legal requirement to teach Key Stage 2 children water safety and to swim 25m by the time they reach age of 11. We are very fortunate at Colindale Primary School as every year group in KS2 is able to swim for six weeks every other half-term.

The recent news indicates around 400 people needlessly drown in the UK every year and thousands more suffer injury, some life changing through near-drowning experiences. It means one person dies every 20 hours in UK. Drowning is also the third highest cause of accidental death of children in this country. Your child's safety is our highest priority, not only during school hours but also during after-school and holidays activities.

Therefore, as a part of water safety lessons you child will be asked to bring a spare plain t-shirt (long or short-sleeved) and shorts (leggings or pyjamas bottoms are also acceptable) which will be worn over your child's swimming costume. The children will learn how to perform safe self-rescue and how to help others in different water-based situations.

If you have any queries or concerns about the water safety lessons, please do not hesitate to contact me. I hope your child enjoys the swimming experience and benefits from learning essential lifesaving skills.

Yours sincerely,

*Aleksandra Rogala*

Swimming Teacher

