



Head Teacher: Lucy Rodgers

Deputy Head: Wendy Wayland

Friday 18th May 2018

Dear Parent/Carer

As part of the school's Personal, Social and Health Education (PSHE) programme and science curriculum, we have purchased new and improved resources to cover our relationships and sex education (RSE) unit.

This area of the curriculum teaches children about relationships, sexual health and personal safety. The resources we have purchased are highly respected and widely used throughout the UK. As RSE is due to become statutory in September 2019, we wanted to get a head start on ensuring we are teaching the subject to a high standard, preparing children for life now and in the future.

Following training on how to use our new respected resources, the teachers from Reception to Year 6 will start their RSE lessons next term, week commencing 4th June.

Please find below the curriculum overview which shows what each year group will be covering. The PSHE and science subject overviews are also available on our website which provide more detail on the content of each lesson.

If you need to discuss this further, please speak to your child's class teacher.

Yours sincerely,

Miss L Thompson

PSHE & Eco School Leader



**Reception
Our Lives**

- Lesson 1: **Our Day**
- Lesson 2: **Keeping Ourselves Clean**
- Lesson 3: **Families**

**Year 1
Growing and Caring
For Ourselves**

- Lesson 1: **Keeping Clean**
- Lesson 2: **Growing and Changing**
- Lesson 3: **Families and Care**

**Year 2
Differences**

- Lesson 1: **Differences: Boys and Girls**
- Lesson 2: **Differences: Male and Female**
- Lesson 3: **Naming the Body Parts**

**Year 3
Valuing Difference
and Keeping Safe**

- Lesson 1: **Differences: Male and Female**
- Lesson 2: **Personal Space**
- Lesson 3: **Family Differences**

**Year 4
Growing Up**

- Lesson 1: **Growing and Changing**
- Lesson 2: **What is Puberty?**
- Lesson 3: **Puberty Changes and Reproduction**

**Year 5
Puberty**

- Lesson 1: **Talking about Puberty**
- Lesson 2: **Male and Female Changes**
- Lesson 3: **Puberty and Hygiene**

**Year 6
Puberty, Relationships
and Reproduction**

- Lesson 1: **Puberty and Reproduction**
- Lesson 2: **Understanding Relationships**
- Lesson 3: **Conception and Pregnancy**
- Lesson 4: **Communication in Relationships**