

# PE premium at Colindale Primary School 2018-19

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# SDP objectives

1. Engagement of all pupils in regular physical activity.
2. The profile of PE and Sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and Sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport
6. Improved swimming levels



# 1. Engagement of all pupils in regular physical activity

- Fit bags- these are bags containing simple equipment that children take home and use with their families. This is to encourage a more active home life and demonstrate to parents how simple it can be to become more active. Class teachers have said that children are very excited about the bags and really enjoy using them at home.
- Lunchtime activities- Paid for specialist Woody's coaches to lead football, dodgeball, basketball and multi skills sessions every lunchtime throughout the year. This has continued to reduce the behavioural issues that come back into the classroom, children continue to be engaged in physical activity and are developing a more active lifestyle and also developing gross motor skills linked to specific sports.
- Sports Superstars- sports leaders who lead activities at lunchtimes and lead groups at sports day.



## 2. The profile of PE and Sport being raised across the school as a tool for whole school improvement

- Healthy Me week- whole school project
- Lunchtime activities.
- High quality PE and swimming lessons.



### 3. Increased confidence, knowledge and skills of all staff in teaching PE and Sport

- Replenishing PE and Sport equipment that is used in PE lessons, lunchtimes and after school clubs.
- BPSS- school have bought into this where I attend a day course 3 times during the year. At this course I develop my knowledge and understanding and feedback ideas to teachers.
- Dance scheme of work was bought to support teachers teaching dance. This helped them to feel more confident as it had videos, music and clear lesson plans that they could use. Teachers said they enjoyed teaching a different scheme of work and it was easy to use.





#### 4. Broader experience of a range of sports and activities offered to all pupils

#### 5. Increased participation in competitive sport

- Specialist coaching has been provided by coaches from Woody's academy for key sports such as football, cricket, basketball, tag rugby and rounders. This has provided high quality teaching and has enabled Colindale to perform brilliantly in leagues and borough competitions.
  - **Girls football**- lost 3 games, drew two games which is not an improvement in league position but the quality of football has improved greatly. At the South/West borough tournament the girls qualified for the second year running to compete at the Barnet borough finals.
  - **Boys football**- winning 5 games, drew 1, lost 3 and finished 5<sup>th</sup> in the league which is an improvement on last year.
  - **Tag rugby**- First year running this club and entering the league. Lost all games but children thoroughly enjoyed their experiences.
  - **Cricket**- Won the Barnet tournament and therefore went onto represent Barnet at the London Youth games where they were unfortunately beaten in the quarter finals.
  - **Athletics**- Chn competed at Copthall athletics meet and overall finished 2<sup>nd</sup> on the track and we won some races. A couple of children performed so well and demonstrated great ability so were scouted to join an athletics club.
  - **Swimming gala**- Chn from year 3-6 competed at the Barnet gala at Copthall and finished 6<sup>th</sup> out of 13 schools.

- Children have also had the opportunity to attend sports festival/competitions within the borough, for example, New Age Curling, Cheerleading, swimming gala and have an upcoming dodgeball festival.
- These success' have either been celebrated in whole school assemblies or on the PE board.



## 6. Improved swimming levels

- Last year Year 6 data was very poor below 50% of children could swim 25 metres in front crawl and backstroke. Have introduced a morning swimming club that runs 4 days a week between 8-8.30am and different children are invited along each term. Autumn term focused on elite swimmers and use this club time to train for the gala. Spring and Summer terms swim teacher had a sign up sheet for children and picked the children from there.
- Swimming lane ropes were bought as this enabled to structure a swimming lesson better and have more children swimming safely and competently.
- Swimming flags were also bought to support elite swimmers and ensure back stroke was safely performed.
- Changed the format of swimming groups so children are swimming every other week instead of every other half term. Has helped to build upon skills.
- Booster groups- targeting the least competent swimmers in each years 4-6. Had an extra swim every week in a small group and developed their water confidence and closing the gap on the rest of the children in their class. Children who have attended these booster sessions have shown accelerated progress and have verbally said how much these sessions have helped them, e.g. girl in 6 would not put her face in the water but can now swim unaided 2 lengths of the pool on her back.
- There are now no children who are too scared to take their feet off the ground and are even swimming lengths.
- Fingers crossed Year 6 data will be at the target of 70% or at least very close!!!!



## Going forward.....

- More intra school competitions, e.g. houses, own teams, school swimming galas.
- TA/SNA training to give staff more confidence to support children and better help them to access lessons.
- Continue sports teams success in the borough.
- Continue to raise swimming standards closer to 100%.

Do you have any questions?

