Salad Bar

A choice of Fresh Fruit

### Week Commencing: 13 NOV / 4 DEC / 15 JAN / 5 FEB / 26 FEB / 18 MAR

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Chickpea & Vegetable Tagine with Lemon Cous Cous Margherita Pizza & Wedges Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Seasonal Vegetables Fruit/ Peach/Strawberry Yoghurt/ Cheese & Biscuits	Spaghetti with Tomato Sauce Beef Pasta Bolognese Halal Beef Pasta Bolognese Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Seasonal Vegetables Fruit Salad / Yoghurt / Cheese & Biscuits	Quorn Hot Dog with Roast Potatoes Roast Chicken with Roast Potatoes & Gravy Halal Roast Chicken with Roast Potatoes and Gravy Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Seasonal Vegetables 🖓	Honey & Ginger Soya Strips with Noodles Chicken Curry & Rice Halal Chicken Curry & Rice Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Seasonal Vegetables Fruit Salad / Yoghurt / Cheese & Biscuits	Cheese & Tomato Whirl with Chips V Fish Fingers & Chips Jacket Potato with Cheese or Baked Beans Seasonal Vegetables Fruity Flapjack V Fresh Fruit or Peach/Strawberry Yoghurt
		Fruit Salad / Yoghurt / Cheese & Biscuits		





### WELCOME TO YOUR NEW MENU

which has been created so your child can enjoy a delicious, balanced school lunch every day cooked fresh daily.

All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

## **ALLERGEN INFORMATION**

We want all of our customers to feel comfortable when eating with us, so we hold full allergen information for all dishes that are served in our restaurants. If your child has an allergy we can provide a special menu for their requirements. Just ask for further information!

#### MADE FROM GREAT INGREDIENTS, **BY AWESOME PEOPLE!**



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



# OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

## JUST LOOK AT WHAT YOUR CHILD GETS FROM A SCHOOL LUNCH



**SAVE £500** 

**A YEAR** 

and pulses... that means more fibre & less saturated fat!

We have increased

the amount of beans 🥠

The salad bar is packed full of fresh vegetables



Your menu has more vegetable focused meals - making them more nutritious!

#### PACKED FULL OF FAMILIAR FAVOURITES

DOING MORE TO HELP PUPILS TOWARDS THEIR 5-A-DAY

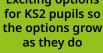


Payments and Meal Ordering



**CONTACT US:** 

**Exciting options** 



Nutrition Guidance





Click here to

from App Store or If your child is in Key Stage Google Play store. 1 or your family is entitled to certain benefits.

FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



to find out if your child is eligible for free school meals