



**0-19 EARLY HELP
SERVICE**



OCTOBER HALF TERM ACTIVITIES

FOR YOUNG PEOPLE AGED 6-19*

Mon 26 - Fri 30 October 2020

***UP TO 25 FOR THOSE WITH DISABILITIES AND/ OR AUTISM**



OCTOBER HALF TERM ACTIVITIES

Mon 26 - Fri 30 October 2020

October Half Term 2020 Positive Activities Delivery:

We have a range of Face to Face activities for young people who school and/or live in the Borough of Barnet aged 6-19yrs and up to 25 with a disability and/or Autism.

All of our sessions are inclusive and open to all abilities. All activities are FREE so please see course information within this booklet below.

Whilst we are excited about being able to offer different types of delivery, we are still following guidances outlined regarding group sessions and safety for all involved. This therefore will mean that face to face delivery will be different to usual, meaning that we will be working with social distancing, bubbles and limited venues. Group sizes will be smaller and everyone will need to follow venue guidance along with the NHS Track and Trace App.

To book a place you will need to register on our website <https://barnet019.studioreception.net/login> and email byes@barnet.gov.uk, stating your child's full name, age and activity name. We will try our best to accommodate all who enquire. We also have range of term time activities Online and Face to Face that you can also enquire about too!

FACE TO FACE COVID GUIDANCE AT ACTIVITIES:

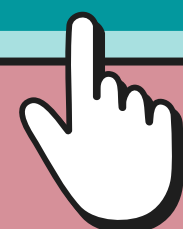
- Follow one way systems / signage within venues
- Keep your distance where ever possible
- NHS Track & Trace in operation at all venues
- Cleaning stations & hand sanitisers are provided within venues
- No parents/carers waiting on site
- Equipment/Rooms cleaned down before and after use.
- Sanitisers and PPE available throughout sessions
- Reduced numbers in grouped sessions following guidance from the Government!
- A chance to learn something new, develop skills and interactive with other young people face to face!
- Activities across the Borough of Barnet!
- Activities are FREE for October Half Term 2020 to support young people and families during COVID19.

How to apply:

Visit and register on our website <https://barnet019.studioreception.net/login> and navigate through the October Half Term 2020 timetable to find the activity for your young person. Email byes@barnet.gov.uk to reserve your young person's place.

For more support please email byes@barnet.gov.uk

SIGN UP NOW



Sign up now button

When you find a course you would like to apply for, all you need to do is select this icon and it will automatically take you to the page on our website where you can find our more!



www.barnetyouth.uk

CLICK THE ICONS



MON 26 - FRI 30 OCTOBER 2020



FUN & GAMES WITH PERFORMING ARTS

Join in this action packed course, with games, creativity and fun in the world of performing arts! Develop your child's confidence, imagination and make new friends!



**Mon 26 - Weds 28
October 2020**

**Times: 9.30am - 12.30pm
Ages: 5-7s**

**Venue: The Bull Theatre,
High Barnet, EN5 5SJ**



SKATEBOARDING

A professional coach is ready to teach you how exhilarating skateboarding can be. This is the perfect time to pick up the sport and see how far you can go. Not only is it a great sport but a great way to keep active and build up your confidence and encourage a healthy lifestyle. You don't need to bring your own skateboard, all skateboards, safety pads and helmets are provided following COVID guidance.



**Tues 27 - Thurs 29
October 2020**

**10am-11am - 7-11s
11.30am-12.30pm - 12+**

**Venue: Dollis Juniors
School, NW7 2BU**



AUTUMN ARTS & CRAFTS

If you have a passion or interest in art and craft and want to learn how to draw, paint and create different types of art, sign up and get involved in our Arts & Craft holiday course. Theme for this course is all things Autumn including Halloween.



**Tues 27 - Thurs 29
October 2020**

**9.30am-11am - 6-9s
11.30am-1pm - 10-14s**

**Venue: Canada Villa,
NW7 2BU**



RITHMIK MUSIC PRODUCTIONS

If you have a passion or interest in music and want to make your own beats, write your own lyrics, record your own songs or create and collaborate with other artists. Come and get involved in the Rithmik Beginners Music Production session. You'll be supported by some of the best UK music producers to help you build your own sound using professional music software.

No previous musical experience is needed, just a keen interest and passion for music!



**Tues 27 - Thurs 29
October 2020**

**Times: 11am-2pm
Ages: 12-19s**

**Venue: Canada Villa,
NW7 2BU**



www.barnetyouth.uk

CLICK THE ICONS



MON 26 - FRI 30 OCTOBER 2020



SQUASH TOTS

Over this school holiday we want to give toddlers and young children the chance to learn the general skills required to play squash and enjoy playing their first squash games and matches. Equipment is provided following COVID guidance.

SIGN UP NOW



**Mon 26 - Weds 28
October 2020**

**Times: 10am-11am
Ages: 4-7s**

**Venue: Southgate
Squash Club, N14 7JZ**



SQUASH BEGINNERS 8-11S

Over this school holiday we want to give young children the chance to learn the general skills required to play squash and enjoy playing their first squash games and matches. Equipment is provided following COVID guidance.

SIGN UP NOW



**Mon 26 - Weds 28
October 2020**

**Times: 11.15am-12.45pm
Ages: 8-11s**

**Venue: Southgate
Squash Club, N14 7JZ**



SQUASH INTERMEDIATE 12-17S

Over this school holiday we want to give teenagers the chance to learn the general skills required to play squash and enjoy playing their first squash games and matches. Equipment is provided following COVID guidance.

SIGN UP NOW



**Mon 26 - Weds 28
October 2020**

**Times: 1.30pm-3.30pm
Ages: 12-17s**

**Venue: Southgate
Squash Club, N14 7JZ**



MUSICAL THEATRE - 7-11S

Step into the world of an ice kingdom, using your imagination to learn performing arts! Dancing and Acting with fun games! Remember wear comfy clothes and bring a bottle of water!

SIGN UP NOW



Weds 28 October 2020

**Times: 10am-12.30pm
Ages: 7-11s**

**Venue: Finchley Youth
Centre, N2 9ED**



www.barnetyouth.uk

CLICK THE ICONS



MON 26 - FRI 30 OCTOBER 2020



CREATIVE LEGO

Creative Lego is a great place for children to come and express their creative side. Participants build complex and detailed structures and develop stories. So if you are a fan of all things Lego come and show us your Lego building skills.

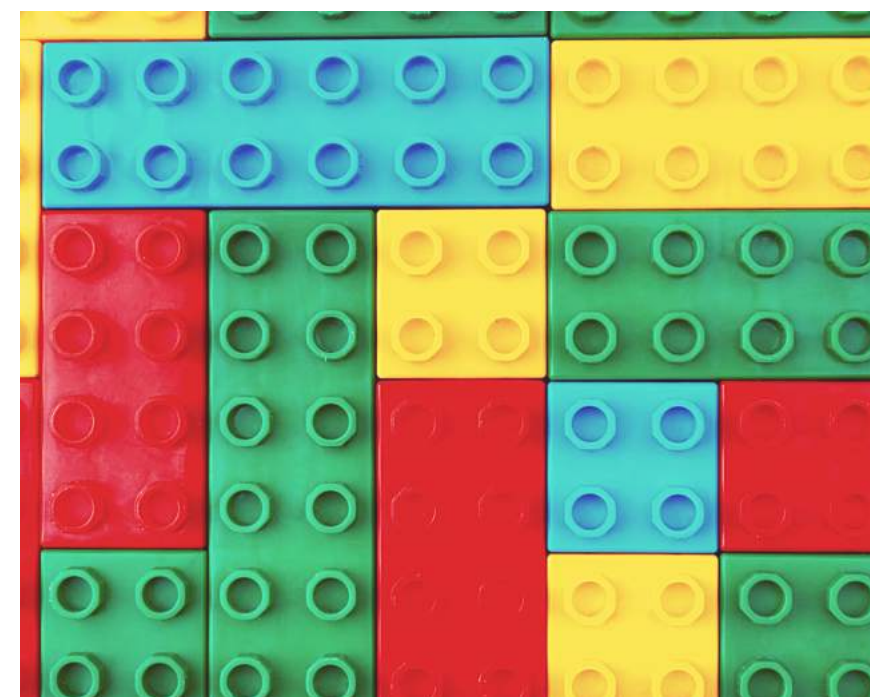
SIGN UP NOW



**Thurs 29 - Fri 30
October 2020**

**Times: 10.30am-12noon
Ages: 6-10s**

**Venue: Finchley Youth
Centre, N2 9ED**



DANCE FUSION

Fun, high energy dance course to get your bodies moving giving you a taste of Commercial, Jazz & Contemporary Dance Styles. This session is for all abilities. Remember to wear comfy clothes and bring a bottle of water.

SIGN UP NOW



Fri 30 October 2020

**Times: 12noon-2pm
Ages: 12-16s**

**Venue: Finchley Youth
Centre, N2 9ED**



STREET DANCE MONSTER MIX

Fun, high energy dance course to get your bodies moving through learning Street Dance routines. This session is for all abilities. This session is for all abilities. Remember to wear comfy clothes and bring a bottle of water.

SIGN UP NOW



Fri 30 October 2020

**Times: 10am-11.30am
Ages: 7-11s**

**Venue: Finchley Youth
Centre, N2 9ED**



FITNESS CAMP

Fitness Camp is a great way to kick-start your fitness goals combining cardio and strength training with fun workouts to get you into shape in a great and motivating atmosphere. The programme will be challenging and will encourage you to work towards your goals. It is suitable for all fitness levels so whether you are an aspiring beginner, or a fitness fanatic all are welcome.

SIGN UP NOW



**Mon 26 - Weds 28
October 2020**

**Times: 2.30pm-3.30pm
Ages: 10-14s**

**Venue: Canada Villa,
NW7 2BU**



www.barnetyouth.uk

CLICK THE ICONS



MON 26 - FRI 30 OCTOBER 2020



MUSICAL THEATRE - 12-16S

Calling all performers who want to develop their performance skills and stage presence. Learn dances and scenes from Westend Shows. If you 'can't stop the beat' in your feet than this course is for you! Remember wear comfy clothes and bring a bottle of water!

SIGN UP NOW



**Weds 28
October 2020**

**Times: 1.30pm-4pm
Ages: 12-16s**

**Venue: Finchley Youth
Centre, N2 9ED**



MATILDA THE MUSICAL - PERFORMING ARTS

Calling all 'Revolting Children' to stand together to learn the catchy numbers of this classic Westend show. Remember wear comfy clothes and bring a bottle of water!

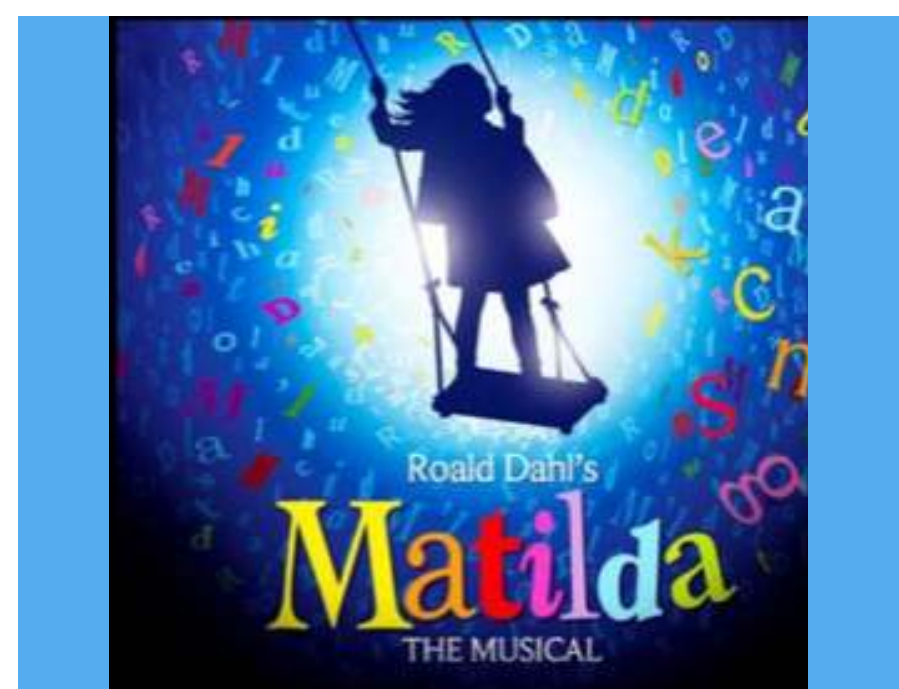
SIGN UP NOW



**Thurs 29
October 2020**

**Times: 2pm-4.30pm
Ages: 7-11s**

**Venue: Hope Corner
Community Centre,
EN6 2DY**



PARNET & CHILD HORSE EXPERIENCE COURSE

Join the Strength and Learning Through Horses Parent and Child therapy course to build relationships and communication skills while learning how to train horses. The team of horse behaviorists will teach you how a horse thinks, what worries them and what motivates them. Using this knowledge to building a relationship of trust with them, your child and train them to undertake a number of fun activities.

SIGN UP NOW



**Mon 26 - Tues 27
October 2020**

**Times: 1pm-4pm
Ages: 8-11s**

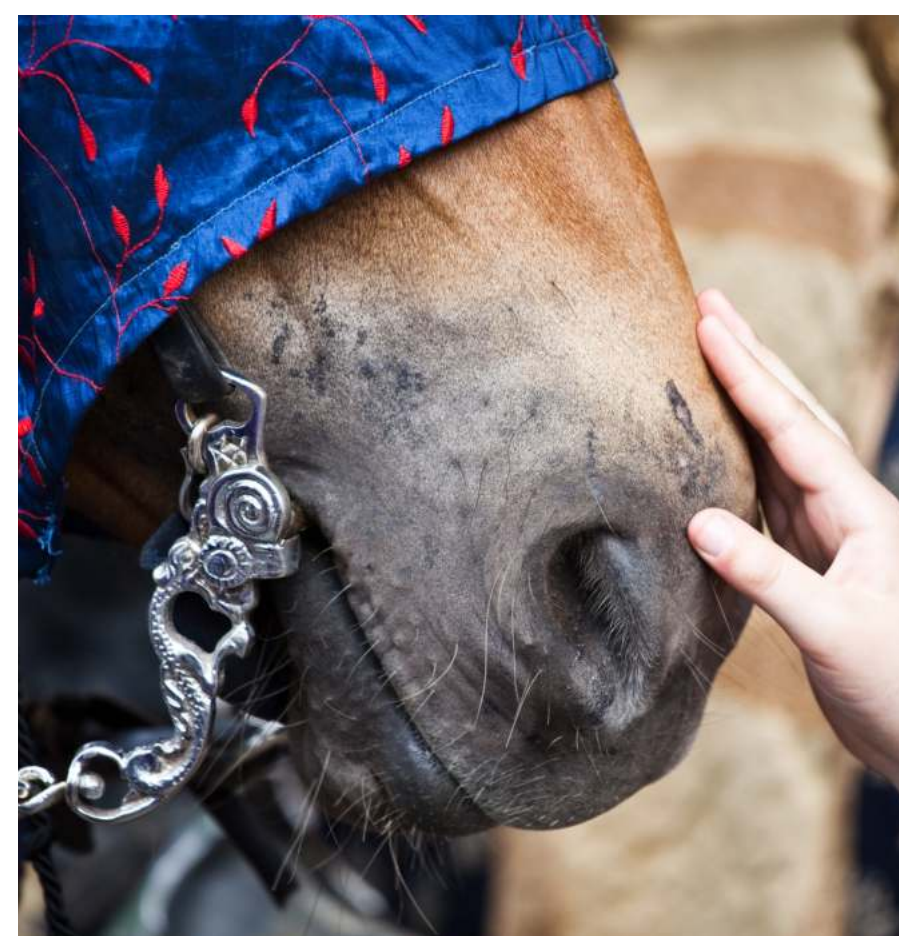
**Venue:
The Edge Stables,
HA8 8QX**

**Weds 28 - Thurs 29
October 2020**

**Times: 1pm-4pm
Ages: 12-16s**

*You will need transport to get to &
from the stables.*

Please note: You do not ride the horses in this project. It is all floor based. Course will still go ahead in the rain, please dress accordingly. Younger siblings will not be able to attend, only parent and x1 child will be able to attend due to COVID19 procedures. You will also need to complete a form for SandLTH to take part.



FOLLOW US...



@BARNETCOUNCIL



@BARNETYOUTH_



@BARNETCOUNCIL



@BARNETCOUNCIL



www.barnetyouth.uk

CLICK THE ICONS



0-19 EARLY HELP SERVICE

Children, Family and Young People



All families face challenges and sometimes need support. Early Help is about providing this support as soon as possible to tackle difficulties for children, young people and families before they become more serious. We work with the whole family and the child / young person is at the centre of all we do.

Working with partners, Barnet's 0-19 Early Help Service provides help and support to families, children and young people up to the age of 19 (or 25 with a disability).

We aim to: Provide the right help first time that meets identified needs Improve outcomes for children and young people Prevent the escalation of issues that would then require statutory intervention.

To access support go to: <https://wwc.barnet.gov.uk/wwc/working-children-barnet/practitioner-guidance/children-family-and-young-people-hubs-0-19/how>



Kooth is the UK's leading mental health and wellbeing platform. It gives children and young people easy access to an online community of peers and a team of experienced counsellors. Access is free of the typical barriers to support: no waiting lists, no thresholds, no cost and complete anonymity.

Go to www.kooth.com

Working together to support Communities

Community groups across our borough are pulling together in an unprecedented way to support vulnerable people during the coronavirus (COVID-19) crisis.

For more information where you can get help, and how you can get involved. Go to:

www.engage.barnet.gov.uk/communityhelphub.

www.barnetyouth.uk

