





## Colindale Primary School Newsletter Issue 12: Thursday 26<sup>th</sup> March 2024

Dear Families,

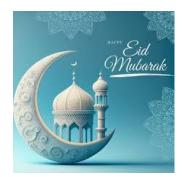
As we approach the end of the Spring term, we are delighted to share with you the fantastic experiences and learning moments our pupils have enjoyed.

Throughout this term, your children have immersed themselves in a variety of enriching activities, from exploring the natural world outdoors to engaging in hands-on science experiments. They have demonstrated creatively through artwork, expressed themselves through writing, and tackled mathematical challenges with determination.

Next term I will be holding a number of **coffee mornings to meet parents and discuss certain topics related to school life** – dates TBA . I would be interested to know what topics you would like to discuss / get information on so it can be useful for you. If you have an area or topic for discussion, you think would be useful to discuss in these sessions, please complete the form using this link: <u>https://forms.office.com/e/UH3ERud1Q7</u>



As we look forward to the upcoming break, we extend warm wishes to our families celebrating **Easter** and **Eid** during this time. May this season and celebrations bring you joy, peace, and cherished moments with loved ones.



**Thank you** for your continued support in the growth and development of your children; helping them thrive is what we do best! We can't wait to see what adventures await us next term.

Wishing you all a restful and enjoyable break

Warm regards

Mrs Jane Palmer Headteacher







#### Attendance awards for 18.03.24 - 28.03.24

Every week we award classes with the highest attendance one of our very special trophy's- Bronze, Silver, Gold or Super Gold. These classes were awarded a trophy this month:

Super Gold (100% - this means every child in every day) -

Gold (highest attendance, but below 100%)- 1T (twice!), 3N, 5J

Silver (second highest attendance)- 2T, 4P

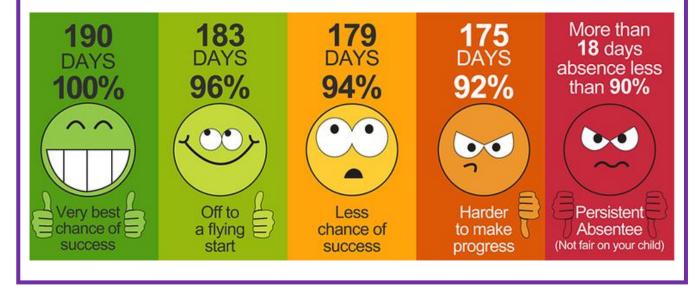
W Bronze (3<sup>rd</sup> highest attendance) – **4P, 1CH** 

#### Well done to all the winners!

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## **Attendance - AUTHORSIED ABSENCE**

Some absences are allowed by law and are known as "authorised absences". For example: if a child is ill. Parents should be aware that the school may request a copy of medical evidence e.g. a letter from the family doctor, copy of a prescription or the bottle or packet from prescribed medication. An absence due to religious observance that falls within school term time, subject to a maximum of 1 day annually, will be considered. However, it should be noted that religious observance days cannot be requested as a day in lieu, if a particular religious festival falls within a school holiday or the weekend. Similarly, the school will not authorise leave of absence for pilgrimages (e.g. Lourdes, Mecca, Jerusalem) as these are not deemed to require absence during school term time. An authorised absence will still affect your child's absence percentage









Rights Respecting at Colindale			
SPOTLIGHT			
A Definition - UNICEF RIGHTS RESPECTING SCHOOL at Colindale			
Convention	A convention is an international legally binding agreement, which can also be		
	known as a covenant or treaty. There are conventions on many aspects such		
	as trade, science, transport and crime as well as human rights.		
	At Colindale, our class charters 'act' as our conventions. They are a binding		
	agreement that the children and duty bearers agree on at the beginning of		
	the year.		

#### Comic Relief – Red Nose Day 2024

During the week of the 11<sup>th</sup> of March, Colindale was full of some fun and mischief. Anytime you looked outside, you could see children running around the field in silly costumes. From Father Christmas and his little elves to a multi-coloured haired clown, everyone took part and got involved. They were running in aid of Comic Relief Red Nose Day. The run was a great success, filled

with laughter and giddiness. I would like to extend a <u>HUGE THANKS</u> to all the parents, staff and children involved. You have all done an amazing job and your fundraising efforts will help many, many people.





On Friday 15<sup>th</sup>, Colindale Primary School turned up RED READY!!! Everywhere you looked the school was seeing red. After assembly on Friday, the children were witness to the execution of the forfeit.







Each class had the task of raising the most money, which resulted in Mrs Andreou, Ms McCague, Ms Nuttall, Ms Huquqi, Ms Mohamed and

Ms Raymond being the unlucky ones. The hall was filled with laughter as our teachers became the ones at the end of the joke! From funny wigs, to face paint and some red hair spray (which stains!!), the reactions were infectious. The children loved it. After counting the money, we have raised a whopping ...





# **Science Week**

This year Science Week was held during the week beginning Monday 11<sup>th</sup> March and was a great success. We had around 350 parents and family members come and join us for our fun workshops!

Parents of **Nursery** children joined in with two activities which focused on the theme of 'Time'. One was colour absorption, in which children observed coloured water being absorbed by lettuce leaves and then had a go at dipping paper towels into various colours to watch the rate of absorption. The other was making cress/ grass heads so they could observe growth over time at home. The children decorated their pots with their parents then added cotton wool water and a sprinkling of seeds. Some children also planted potatoes. Children in Nursery will dig these up later on in the year and hopefully cook with them to make something for everyone to eat!





In **Reception**, the children had a chance to try 3 different experiments all linked to this year's theme on time. They built sand timers, and their challenge was to make a 30 second timer. Parents used stopwatches to time the sand timers and children had to add r remove sand to make them accurate. For the second activity, the children had a chance to explore how food changes over time. They used magnifying glasses to look at mouldy potatoes, raspberries, and cucumbers. They observed how the food changed colour and texture, especially the bread that turned as hard as a stone and a banana which became completely black. The children noticed some of the foods smelled very foul. For the last activity, the children and parents were involved in planting beans and learning about germination, parts of a plant and life cycles. The children used small plastic zip bags, a piece of cotton wool, some water and of course a bean seed. They zipped the bag and then placed it on the class window to make sure the bean seed gets enough sun light. The children will check their bean seeds daily, to make sure they observe changes. Great fun was had and a massive thank you to the 75 parents/family members that came to take part.







In **Year 1** pupils made bubble wands with their families to find out if the shape of the bubble wand changed the shape of the bubble. Even though it was a windy day and the bubble mixture didn't always work, great fun was had by all! Some of the pupils were fantastic at creating the bubbles and everyone learnt that it doesn't matter what the shape a bubble wand is, the bubble will always be a sphere!



**Year 2** held their annual 'Make the tallest tower' competition. Every year this competition proves to be as much fun for the children as it is for the parents. The pupils and families were given newspapers, recycled paper and tape to construct a tower which would hold an object up. From very excited pupils to families standing on tables to make sure their tower get taller and taller, everyone had a fabulous time. Fantastic teamwork could be seen across the year group with pupils helping each other and adults working together with them. Sometimes the parents had to be reminded to let the children join in! This is a really simple activity which can easily be carried out at home where family members can play against each other.



**Year 3** were solving the question of 'What is a pendulum?' The children learnt about what a pendulum was and then with the help of their parents and families created their own pendulums to find out how they could change the 'swing' of the pendulum. Some children investigated by changing the length of the pendulum; others by changing the weight of the pendulum.



In Year 4 (4P & 4H) pupils and families worked through several different experiments. They made water walk; created rain in a cup and grew a rainbow. The children discussed each experiment and predicted what they thought would happen. The pupils really enjoyed growing a rainbow and rain in a cup experiments. This could be seen by the expression on their faces and the sound of excitement coming out of every classroom.











**Year 5** couldn't believe their luck when their teachers showed them, they were creating marshmallow catapults! Working in small groups with their families, they used wooden skewers, blue tack, lolly sticks, rubber bands and of course marshmallows. There were small bits of marshmallow being flung in all directions and the pupils thought carefully about how the catapults would need to work. They had a contest to see who could create a catapult that would throw the marshmallow the furthest distance. Some were fantastic and managed to catapult the marshmallows as far as 3 meters. We also found a few parents who excelled at making catapults and needed reminding to let the children join in!



In **Year 6** pupils and families were making slime. The pupils used baking powder, PVA glue, food colouring and eye wash solution. All the pupils loved just having fun with something messy and creating their own versions of slime. They learnt that they needed to add more of some ingredients if their slime became brittle or didn't come together at all. The teachers and parents had a great time too. If you would like to make your own slime (with parent supervision) please follow the link below and remember to buy eye wash solution containing boric acid otherwise the slime won't work. How to make slime | BBC Good Food









# Year 1 trip to Whipsnade

Last week, the pupils in Year 1 visited Whipsnade Zoo as part of their topic on Animals. The pupils had been learning about different types of animals e.g. birds, mammals and fish. This day gave them an opportunity to see these animals in real life. All the pupils and Jofli were very excited, as this was their first big trip out! We set off early just as school began and arrived just as the zoo was opening. During the day, each class visited as many of the wonderful animals as they could. To name just a few, we saw endangered white rhinos, bright pink flamingos and penguins splashing around in their pool. Some of the classes saw the lionesses came out to say hello (did you know they sleep for 21



hours a day?!) We also watched the giraffes having their lunch. One of our favourite places was the butterfly house. It was really hot, but we saw so many beautiful types of butterflies. It was a long day but a very exciting one.

The children did so well, we walked 20,000 steps!!! A huge thank you to all our wonderful parents who helped make this trip great, we couldn't have done it without you.



















## Year 4 and 5 Bikeability courses

Many children in year 4 and 5 had the opportunity to participate in Bikeability courses. Year 4 took part in the Level 1 two-day course which aims to develop cycle handling skills to a competent and consistent level. Year 5 children enjoyed the week-long Bikeability Level 2 course which aims to equip children with the skills and confidence to cycle on roads. Here are the thoughts of some of the children who took part:

'I learnt how to communicate on the road. You can do this by making eye contact, signalling, and talking. The coaches had a positive mindset and were kind, funny and helpful. I liked doing U-turns as they were fun and challenging.' Henry, 5J

'In Bikeability, we learnt the positions on the road for a bike. We also learnt when to signal to turn. My favourite moment was when we went on a tour of Rushgrove Park. I had a great time!' Callan, 5J 'In Bikeability, I learnt a lot about riding safely on the road. My favourite part was learning how to do U-turns because I had never done them before, and they were challenging. Bikeability was fun overall, and I learnt many new things.' Hadee, 5J

Bikeablility is an important part of our programme to be active and promote sustainable ways of travelling as a Healthy and Eco school.



### Don't forget to use your World Book Day token before it runs out on Sunday 31<sup>st</sup> March.

You can redeem you book token at the following retailers:

- Your local independent bookshop The Works Tesco
- Asda Waterstones WHSmith







## Y4 Trip to Wembley Stadium

Last week, the pupils in Year 4 visited Wembley Stadium as part of their Eco learning. During the visit the pupils were treated to a tour of the stadium. They saw the 1966 World Cup trophy and enjoyed learning about how it was stolen, and a dog called Pickles found it in someone's garden. The pupils followed the footsteps of their heroes as they entered the mixing tunnel where the players would arrive and conduct interviews. They then visited the press room which looked like a little cinema. This is where the world media gather for important press conferences. After that, they visited the home and away changing rooms where they scrambled to sit in front of the shirts of their favourite teams and players.

After that, the pupils got to experience walking out of the tunnel, and we spent some time admiring the size of the stadium as we stood pitch side. Did you know that the capacity of Wembley Stadium is 90,000 and it is the biggest sports venue in the UK, and the second largest stadium in Europe? The pupils learnt about how Wembley Stadium has been used as a venue during 2 Olympic games, as well has hosting many music concerts and other sports such as the NFL and boxing.

The pupils also took part in a sustainability workshop where they completed a number of activities that helped them to learn about sustainable living. The different aspects that we looked at were food, travel, appliances in the home, clothes and recycling waste. This all helped the children to understand more about the impact our choices have on the environment and how small changes can help us live more sustainably.







# **Parking**

With the weather getting nicer – we would strongly encourage all our families to walk to school. We do recognise that some families, need to drive but we ask you politely to ensure you **park legally** on the surrounding roads.

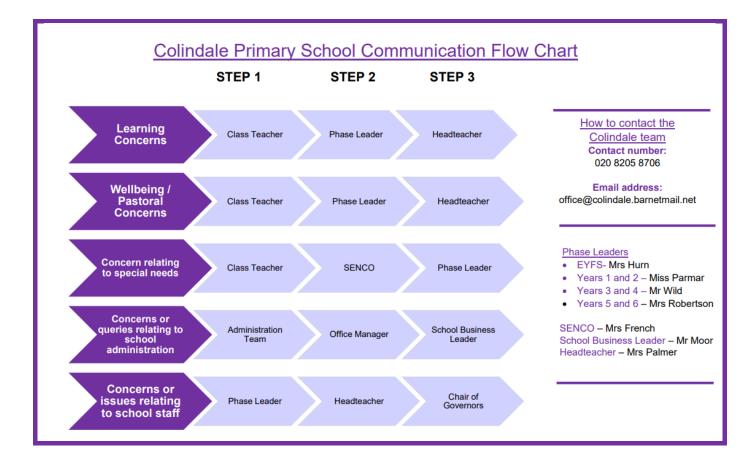
This car parked on the double yellow lines on the corner of Poolsford Road and New Way Road the other day causing the Barnet Transport bus – which transports our physically disabled pupils to and from school – problems trying to turn out of the road. **They were kept waiting for 20 minutes** while the owner of the car collected their children from school.

This is not ok and very selfish.

If you must drive to school, please ensure you leave enough time to find a suitable legal parking space, and please think of others around you.











# Miss Pindoria's – Fulham on Foot challenge to walk 500 miles.

Anyone who know Miss Pindoria, knows that she is a huge Fulham FC fan. For the past 2 seasons she has been quietly challenging herself to walk to different London football stadiums to watch her favourite team play.

Miss Pindoria has raised £1640 so far for Childline, for walking over 500 miles to different games. Fulham FC heard about Miss Pindoria's challenge and after she reached her target of 500 miles, they invited her to a special event where she met her heroes, the Fulham FC team, and they presented her with a signed football shirt.

Well done Miss Pindoria! A fantastic achievement.





















At Colindale we understand that birthdays and other special events, such as religious celebrations, are important, and we love celebrating them with your child/ren but we will no longer be giving out any food items to the children on behalf of families. Not only do we have an increasing number of children with a range of severe allergies and dietary requirement, we are also a healthy school, and we wish to avoid unnecessary competition between the parents and children – as there is always a cost involved. Please do not also give out sweets, chocolates, or any other food items yourselves at the end of the day. If parents want to bring something in to celebrate a special event, we would encourage a new reading book to go in the class library – we will put a label inside to say who kindly donated it.

## PSA Movie Afternoon - Tuesday 26<sup>th</sup> March



Some children enjoyed a fab movie afternoon, that was hosted by the PSA, to watch the new movie Migration. They enjoyed watching the film in the hall with their friends whilst having a drink and some popcorn.

Thank you to Mrs Hurn for organising it, and to the staff who stayed after school to help out. It's these small experiences at school that create lasting memories.



The Barnet Local Offer website helps children and young people with Special Educational Needs and/or Disabilities and their families find the information and support they are looking for, from across the Barnet local area. Click here for more details: <u>Barnet Local Offer :: Home</u>







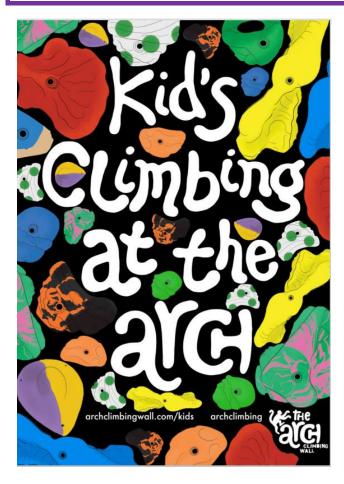
# Help with the cost of living

The price of everyday essentials is going up. You've probably noticed it at the supermarket and in your monthly bills. Inflation and interest rate rises mean that your money might not stretch as far as it used to.

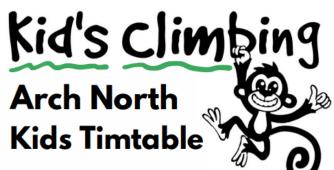
If you're behind on your bills or going into debt to pay them, the best thing you can do is take action. You might be able to claim extra benefits to help you increase your income, such as the Household Support Fund and Universal Credit.

Whether you're worried about rising rents, covering higher energy costs or tackling debt, we've brought together our most useful tools, calculators and guides to help you keep on top of your money.

Explore Cost of Living Guides



**Cost of Living Calculators** 



- (. After school club 'Marmosets' (ages 4-8) Mondays & Wednesdays 4.15 pm, £8 per child
- 2 After school club 'Spider monkeys' (ages 9-12) Tuesdays & Thursdays at 4.15 pm, £8 per child

Parents are welcome to watch or have a coffee, but must stay inside the centre during the session!

3. Parent-led drop-in sessions (ages 1-12) Saturdays & Sundays between 9-11am No charge for non-climbing parents, but parents have to be in direct supervision of their children at all times.

If you have any questions feel free to drop us an email at lessons@archclimbingwall.com











#### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

#### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

#### **SAINSBURYS CAFES**

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

### **PAUSA CAFE @ DUNELM**

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

#### **THE REAL GREEK**

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

#### **TGI FRIDAYS**

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

#### PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

#### **TRAVELODGE & PREMIER INN**

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

#### **BEEFEATER & BREWERS FAYRE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### COCONUT TREE

One child (10 & Under) eats free per paying adult. Valid from 23/03/2024 - 14/04/2024

#### MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

#### **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

#### YO! SUSHI

From March 25th - April 12th 2024, kids eat free all day at YO! Sushi when dining with a full-paying adult (minimum £10 spend).

#### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

#### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

#### BILLS

Two kids can eat free ALL DAY (Weekdays) from Monday 25th March – Friday 12th April 2024, with one adult main dish.

#### **DOBBIES GARDEN CENTRES**

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

#### **TABLE TABLE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE Kids eat for £1 on Mondays

#### **FUTURE INNS**

Under 5s eat for free with any adult meal.

**Copyright of MONEY SAVING CENTRAL** 













**"PARENTS IN MIND"** 

Parents/Carer Support Programme

For Parents/carers whose young people are on the CAMHS treatment waiting list

The 8-week online Parents/Carers Support Group is a safe and confidential space for parents/carers to gain information and skills to support their young person as well as receive peer support from other parents/carers.

Open to Enfield, Barnet, Haringey, Camden & Islington borough

#### Eligibility:

Parent/carers whose adolescents (11-16) are

on a CAMHS treatment waiting list with the

main presenting concerns of:

- Anxiety,
- Depression,
- Self-harm
- And/or suicidality
- Does NOT include PTSD, an eating disorder
  - , significant learning disability

#### **GROUP STARTS**

29/05/2024 (Wednesday) 10.00-11.30AM or 29/05/2024 (Wednesday) 5.30-7.00PM

\*

Referrals are welcome from North Central London CAMHS services (Tier 2&3) (Enfield, Barnet, Haringey, Camden & Islington)

> Need more information? Please contact us at: 020 8343 5705 email: parentsupport@mindeb.org.uk





#### Messages from the school office

**Swimming** – Please send children's swimming kit on the days when they have a swimming lesson.

Payments - please check your Arbor account to make a payment for school trips and breakfast clubs (if attending)

Are your contact details correct? - If you have changed my mobile / contact number or address recently you MUST tell the school office straight away so they can update the school system

Messages From School – All messages from school are sent to your email address. Please check your emails daily to see if you have received any messages. You will also get a notification in Arbor's In Message Arbor App to say a message has been sent. Please make sure you download the app to your mobile.

Dates for your diary:		
Friday 29 <sup>th</sup> March – Friday 12 <sup>th</sup> April 2024	School Holidays – School Closed	
Monday 15th April 2024	Staff INSET - school closed for pupils	
Tuesday 16 <sup>th</sup> April 2024	All pupils return to school	
Friday 19 <sup>th</sup> April	Year MTC Parent Meeting in the hall	
Friday 26 <sup>th</sup> April	5M Class Assembly	
Monday 6 <sup>th</sup> May 2024	May Day Bank Holiday – School Closed	
Friday 24 <sup>th</sup> May 2024	Last day of half term – school finishes at	
	3.30pm	
Monday 27 <sup>th</sup> May – Friday 31 <sup>st</sup> May 2024	Half Term Break – School closed	
Monday 3 <sup>rd</sup> June 2024	Staff INSET - school closed for pupils	
Tuesday 4 <sup>th</sup> June 2024	All pupils return to school	
Wednesday 24 <sup>th</sup> July 2024	Last day of term – School finishes at 2pm.	

Term dates for next academic year are on our website:

Term Dates - Colindale Primary School