



Rights Respecting Article for January: Article

Colindale Primary School Newsletter February 2023

Messages from the school office

Arbor – We will be launching a new software system at the end of March. We will no longer be using Weduc and all communication with parents will be done via Arbor. There is nothing that parents need to do now, and we will keep you up to date with the changes.

ParentPay – Please clear any outstanding monies on your ParentPay Account. We will be moving over to a new payment system in March. If you have any questions, please call the school office.

Nursery 2023-2024 – Offers will be going out April 2023. If you have not applied for a place for your child to start in September, please do so asap. Application forms can be either emailed or collected from the school office.

Dates To Remember

02/03/2023 - NEU Strike – school partially closed

03/03/2023 - 5B Class Assembly and World Book Day

09/03/2023 - Class Photographs

10/03/2023 - 5J Class Assembly

10/03/2023 - Reception Jack and the Beanstalk Theatre Workshop

13/03/2023 – Travelling Book Fair All Week

13/03/2023- 23/3/2023 – British Science Week

17/03/2023 - 5M Class Assembly

20/03/2023 – Y4 Vikings Workshop

20/03/2023 – Food Bank Appeal All Week

21/03/2023 - PSA Film Night

24/03/2023 – Y1 Whipsnade Trip

24/03/2023 - 4P Class Assembly

29/03/2023 – Bikeability for Y4

31/03/2023 - 4J Class Assembly

31/03/2023 - Last day of school, school closes at 2p.m.

17/04/2023 - School opens – all children return to school



Eco Schools

We are taking part in the national campaign “**Eat Them To Defeat Them**” from **27.2.23 to 31.3.23** which encourages children to eat vegetables and be healthier. Eating more vegetables and cutting down on meat helps us reduce our food carbon footprint and tackle climate change. Please support our effort and encourage your children to eat more vegetables at home and in school. If your child has a packed lunch, you can include more vegetables and fruit options. You can get more ideas by visiting the official site of the campaign: [Home - Eat Them To Defeat Them](#)

Healthy Schools

Our School has recently achieved the **Healthy Schools London Gold Award**, which is the highest award possible. It is a great achievement as only 32 out of 120 schools in Barnet have achieved this accreditation. Our focus in our Healthy Schools action plan has been the children’s mental health, wellbeing and resilience. We will continue to support our children so that they can lead a healthy life.



Resilient Schools

Our school has also been recently awarded the **Resilient Schools kitemark**. Here is what the Resilient Schools Programme Manager from Barnet Public Health said in her letter:

“We are delighted that your school has taken part and completed the core components of the Barnet’s Resilient Schools (RS) Programme which seeks to promote whole school awareness of wellbeing, mental health, and resilience.

We offer our Resilient Schools kitemark as recognition of your hard work and dedication in evidencing a ‘whole school approach’ in your school and the impact this will have had on your pupils, staff, and parent/carers.

It is such a pleasure to be able to work with you all and share your passion for supporting children, young people, and their families and I look forward to our continued work together.”



NSPCC Number day

On 3rd February, all the children in school celebrated Number Day with the NSPCC. Children dressed up in their number costumes and enjoyed joining in with Buddy's Key Challenge.

For Buddy's Key Challenge, each class had to work through a variety of number problems to find pieces of a key.

The classes who completed the challenge in the fastest time (RKW, 1A, 2A, 3D, 4J, 5B and 6K) received a message from Buddy and a real key to open a door. But where was the door? After reading the clues, they were excited to find Buddy hiding in the staff meeting room!



We managed to raise the grand total of **£647.46** for the NSPCC!

The winning fundraiser for Buddy's Key Challenge sponsored event was Raam Ratish, 5J who raised an amazing £100!



Other children who raised large amounts are: Monishka Gowda, 4J- £50 and Poppy Cade-Watts, 1A- £40

A big thank you to everyone who donated to such a worthy cause.


Reception

Drama4all

Children in Reception often have fun being creative by acting out or retelling stories that have been read to them or that they make themselves. When the opportunity came to put these acting skills to further use with a visit from the circus workshop, the children were excited! We all used our imagination while pretending to juggle, balance on a tightrope and ride a unicycle. We learnt about mime and used our lovely listening skills to play a funny game with a clown. We also did short performances to show off our newly learnt circus skills.



Safer Internet Day

| WHEN? | WHERE? | WHAT? |
|--|---|--|
| <p>Safer Internet Day takes place every February</p>  | <p>Safer Internet Day is celebrated right across the globe.</p>  | <p>On SID, millions of people join "Together for a better internet", through a range of events and activities organised by SID supporters of all backgrounds.</p> <p>What will you do to support SID 2023?</p> |
| <p>At school we aim to keep our children safe while they are online.</p> | <p>For meaningful discussions on staying safe online, look at this PowerPoint with your child.</p> | |

We teach them about the rules of using the internet and how being online is different to being with friends in school or at home. For more information about Safer Internet Day click here: [Home - Safer Internet Day](#)



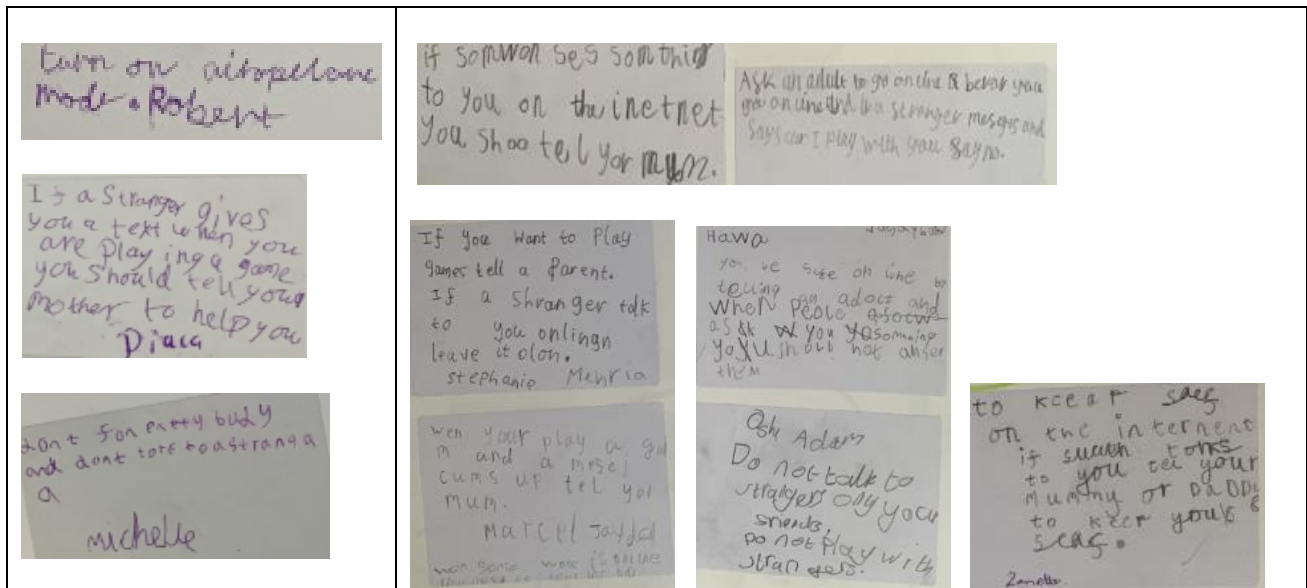
HOW WELL DO YOU KNOW ME?

Read each statement and guess what your child's answer would be. Discuss the pros and cons of each answer.

<https://cpsprimary.sharepoint.com/:p/s/ParentShares/EQW10tRA93FJptamYj9fJKwB9WxRE3YicZpXhvlB24EFjQ?e=xa50jb>

On Tuesday 7th February our children discussed their own experiences of being online. Sharing tricky or annoying situations can help us all to find solutions and help us to understand what is happening. It can also be an enjoyable experience, where we can communicate with friends and family even when we cannot visit them or see them in real life.

Ideas discussed with Year 2 children:



Posters created by children in Year 3 to Year 6:



This #SaferInternetDay I want to talk about...

SAFER Internet DAY!

SPEAK out! stay safe!

Don't accept all websites
Don't tell addresses
Don't tell passwords
Be safe online

How to be safe online!

The internet may seem like a safe place but the internet is far more dangerous than you think.

Things such as online bullying and fake news are part of the internet.

Bad things such as threatening or blackmailing are things that if they happen to you then you should tell an adult. These are a teacher, parent or carers and a sibling that is over 18 years old. So remember be safe!

This #SaferInternetDay I want to talk about...

Don't go online when your not with a adult
Don't talk to strangers online
Don't scam you

This #SaferInternetDay I want to talk about... *EMILY*

DON'T SHARE YOUR INFORMATION!

Who to tell?
You can talk to child line parent, sibling, teacher if something happens online that scares you or worries you.

Personal information
Never tell anyone your personal information like you address, full name, parents full name or your private parts because they are very important.
Never tell anyone your address.

How you would like adults to support you?
If you want to stay safe you can ask an adult to support you or if something happens tell an adult.
It might take time you and then you will do bad stuff.
Always ask an adult if something is wrong.
Sometimes it can be dangerous and can put you in pain to your computer.

By: EMILY PERMAN

www.saferinternetday.org.uk #SaferInternetDay

SAFER INTERNET DAY!

See something you don't like? Follow the Safer rules to report that.

Safe
Meet
Accept
Reliable
Tell

WANT TALK ABOUT IT?
Yes Please

Different Games have age restrictions

Call Childline on 0800-1111

safer internet day

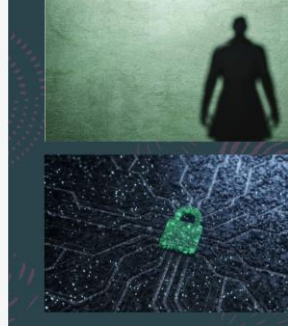
This will make sure no creepy weirdo can get their hands on to your private information, which nowadays can be used to track down and find out all your details (where you live, etc.)

Internet is becoming the most used thing in this generation. However, the dangers of the internet is a very important thing to know about in this day and age. Ways of staying safe on the internet are: talking about what you see (on videos, etc.) or putting whatever you may post on private (so no one that you don't know can see it).

Safer internet day

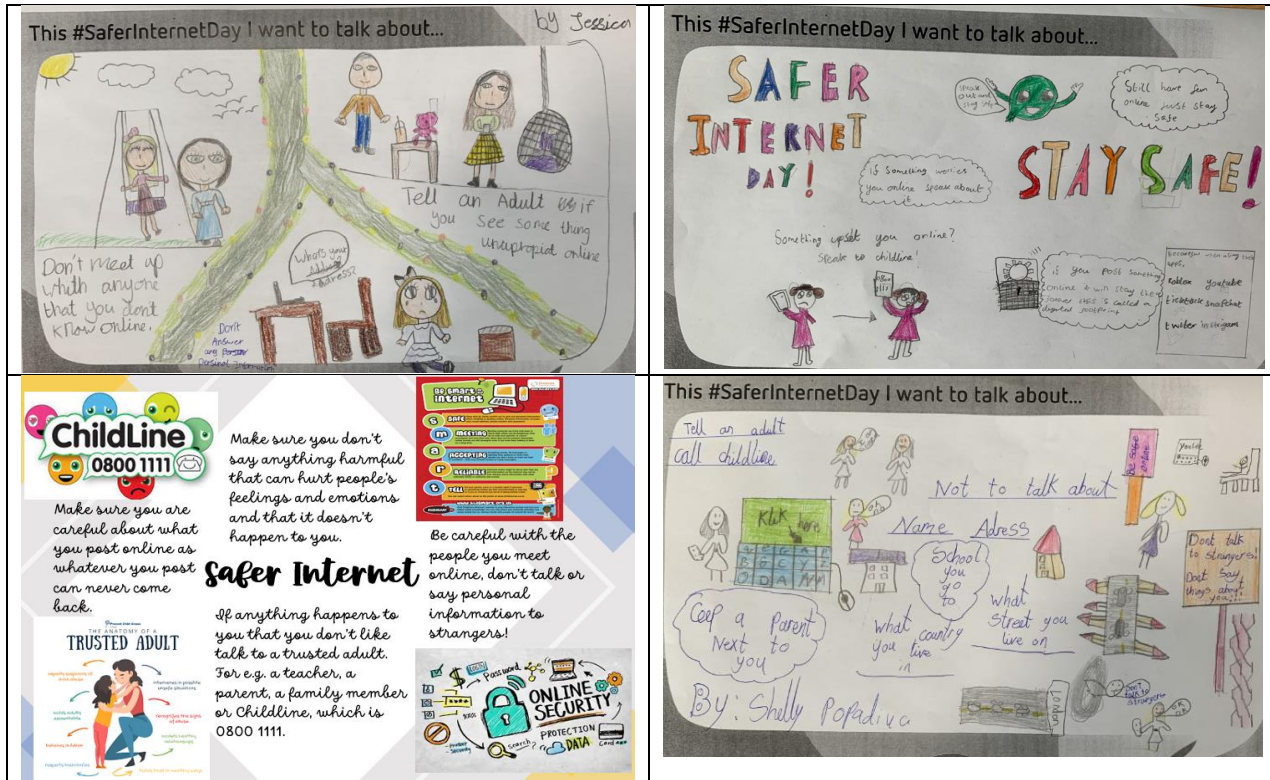
Do you know if you are safe online?

Chatting online as a young child can be very dangerous. Children that don't know who they are talking with need to beware of their privacy being exposed. If you ever feel like you are being stalked you must immediately speak to an adult such as parents/carers, teachers or a teenage sibling as your life is in danger. Sites like Tiktok, Youtube, Snapchat, Instagram and Facebook are not for a child under the age of thirteen unless supervised by an adult.



This #SaferInternetDay I want to talk about... *Jerome*

STAY SAFE ONLINE!



Year 3 Hindu Temple Visit

On 22nd February, Year 3 visited the Bhaktivedanta Manor for the Hindu temple trip. The children have been learning all about Hinduism as part of the RE curriculum and they were very excited to share their knowledge whilst observing different rituals and practices at the place of worship.

The journey began with the children climbing aboard the coaches that drove us to Watford where the temple resides. When we arrived, we were pleasantly welcomed by two ladies who were our tour guides for the day.

Cows, calves, oxen, and bulls were all the excitement at the Gokul Farm. Children were giggling and beaming with anticipation to feed the animals carrots, and they were very proud when the cows took it right out of their hands! "Did you know that cows have four stomachs?" asked Inaaya. Children also observed how the cows are milked, and how it is then pasteurized before being used for other purposes. Children also got a chance to explore the George Harrison Garden and visit the greenhouse area where temple grow their most precious plant, the tulsi.

The children attended a workshop where they learned about the teachings of the Bhagavad Gita and the deities. They even got a chance to dress up beautifully in shawls, turbans and saris, as different Gods and Goddesses such as Shiva, Parvati, Swaraswati, Brahma, Vishnu, and Laksmi!

At 1pm, the children made their way to the main shrine room where they attended the afternoon prayer (aarti). They listened to the priests chanting 'Hare Krishna' and observed how holy water and the holy flame is included as part of the offering, and blessings received by worshipers. It was melodious and the children

enjoyed joining in by playing the tambourine. "I just felt so calm, and I really loved watching it," said Lamis. Our children were extremely well behaved, respectful, and represented Colindale to a very high standard.

The rest of the afternoon consisted of a lovely, generous lunch provided by the temple, followed by some face painting. The children enjoyed unlimited amounts of flatbread, curry, crackers, and chips – with some juice! Overall, it was a fantastic trip and the children left having consolidated their learning about Hinduism, whilst picking up a few new facts!



Football match reports

It has been a busy start to the new year with several football matches having been played. The boy's team were back in action in two games against Blessed Dominic and The Hyde. Both games were great and the boys displayed great skill, and you were able to see how they have quickly developed as a team this season. In the Blessed Dominic match the boys got off to a great start and passed the ball around really well. Halfway through the first half Ridvan poked home a cross from the left giving Colindale the lead at half time. However, we were not able to hang on for the win and eventually lost 2-1. The home game against The Hyde was also a loss, 4-1, but there were many positives to take into the remainder of the season. The girls' team were in action in their first game of the season in a home match against Broadfields. The game drew a great crowd of spectators who encouraged and supported the team throughout the match. The match ended in a 0-0 result which the girls should be very proud of.



Mini First Aid in Year 4

The Year 4 children were visited by Nicole from *Mini First Aid* who taught them some basic understanding of giving first aid. The children were offered advice and practical activities around CPR, dealing with burns, head bumps, choking, bleeding and breaks - all delivered in a fun and child friendly way. The children were captivated by the workshops and, although we hope they never need to use what they have learnt, they have these skills just in case. You never know when first aid knowledge will come in handy. It was great to see the children asking lots of questions and getting involved, especially when practicing their CPR skills on a mannequin. Nicole was highly complimentary of the school in general but the children especially; she described them as a delight.



Nursery News

We have had a very busy time in nursery this month and last!

Everyone enjoyed learning about **Chinese New Year** and the Year of the Rabbit. Adrian's mum came in to talk about how the New Year is celebrated and tell the story of how each year was given an animal name. Adrian told us about the money envelope he received from his Grandparents.

At snack time, everyone had the chance to try some noodles – and some children came back for a second helping! The finger gym table was a real challenge – using chopsticks to move pom-poms from bowl to bowl, even the adults found this tricky!



NSPCC Number Day -We found Buddy!

The children looked everywhere for Buddy but had to wait until Mrs Hurn came to give them some clues! They were so excited to find him and bring him back to show the other nursery children.



Learning new skills

Nursery children are always keen to learn something new and this term we have been working on improving our jumping skills. Children love jumping on and off the obstacle course equipment, but we need to make sure this is done safely. So, the challenge was set: Choose your own jump height then see if you can land properly when jumping down – on both feet, knees slightly bent and NO falling onto the mat! Most children managed to do so after a bit of practice and everyone got the chance to wear the 'good jumping' medal. Well done, all!



Animal Workshop Visit for Year 6!

Year 6 was treated to a visit from some animals – they were so excited to be able to touch, hold and learn about these fascinating creatures. The purpose of the visit was to immerse Year 6 in the world of exotic animals, and their features, so that they could have inspiration for creating their own imaginary animal for their English topic.

There was a chameleon named Milkshake; the children were very keen to hold him and learn about his camouflaging abilities. This was followed by appearances from a tarantula – many Year 6 children were brave enough to volunteer themselves to place it on their heads. The Burmese Python was a massive hit, with children lining up to hold him and eager to ask about how long he would grow to, when they learnt he is still a baby! The fennec fox, Amy, captivated everyone with her calm demeanor and Year 6 learnt about how she uses her massive ears and camouflaged dusty fur to stay hidden and cool in her desert environment. A little owl caused a lot of excitement when he regurgitated a pellet containing mouse bones in 6K, prompting lots of curiosity from the children.

Year 6's enthusiasm and engagement for the animals was amazing, and they asked lots of excellent questions, trying out their scientific vocabulary. The experience has given them fantastic inspiration for their own imaginary creatures in English – and they are still talking about the animals!

