

On the 7<sup>th</sup> November 2017 Colindale's **Rights Champions held a workshop for families** to learn about children's rights. The workshop began with the Rights Champions talking about some of the rights children have and why we are becoming a UNICEF Rights Respecting School. Families



were then given an opportunity to explore stations promoting how rights are learnt about and respected at our school. Rights Champions reflected on the workshop "It was a great success, about 100 to 150 adults came and brought their

children. More people came than we expected. It made me feel nervous, but I was excited. I liked using the microphone to tell everyone about our rights. Afterwards I felt very proud and I had tears of joy!" Parents were also very positive "this is so lovely that you are talking about rights, it's so important

and this type of thing helps us know how to talk about rights at home too", said a parent of a Year 3 child. Congratulations to the Rights Champions and a big thank you to everyone involved. Article 1 – Everyone under 18 has the rights in the UNCRC. Article 5 – Your family has a responsibility to make sure your rights are protected Article 28 – You have the right to a good quality Education. *Mrs Sam Wate (RRSA Leader)* 



CHICKENSHED THEATRE CHANGING LIVES On Wednesday 7<sup>th</sup> December, Year 5 went to see a fantastic **Christmas performance at the Chicken Shed theatre.** The following review is based on some of Year 5's reviews of the performance.

Jason said, 'The story was about a girl named Hazel who was babysitting for some kids that wouldn't go to sleep. Then Hazel showed the kids a book about Rapunzel and an evil witch. She started to read when suddenly a group of strange people kidnapped Hazel and the children... I was kept entertained the whole time as



something was continuously happening'. Edian said, 'I liked it when two people were doing the sign language because



they think of people who have a disability. I would recommend this play because it is funny and entertaining'. Nida said, 'What I liked about the play was how people on the stage were using really good expression and how they remembered their lines. The dancing and singing was good as well. I would recommend it to friends because it was inspiring and happy.' Zahra said, 'The ending was a happy ever after and everyone got what they wanted and that was getting Hazel back'. We all had a great afternoon out experiencing the delights of the theatre.'



Good health and wellbeing is essential for successful learning and happy lives for children and young people. How our children feel about themselves and others influences everything we do and has a huge impact on their learning and their success in life.

At Colindale Primary School, as part of our PSHE (Personal, Social, Health Education), we teach our children to lead healthy lifestyles by teaching them about the food we need for a healthy body and a healthy mind. They learn about the different food groups; what to



eat more of and what to eat less of. With our healthy school ethos, our healthy school meals and the wide



variety of active clubs we provide, our children are given the opportunity to lead healthy lifestyles. Roots to Food, who deliver fun, interactive, educational cooking workshops across the curriculum, were invited to our school to add to the children's knowledge of healthy eating. The children thoroughly enjoyed the Roots to Food show and learned a lot from Darren, the founder of Roots to Food and his team. To add excitement after everything we had learned, two teams went head to head to cook a healthy meal against the clock! Each team consisted of one teacher and four children who had to use the

healthy ingredients provided and produce a deliciously healthy meal. Lisa Thompson (PSHE Leader)

Colindale was one of five Barnet schools that took part in **The Storytelling Igloo project** in conjunction with The Arts Depot. A selected group of year 5 and 6 children worked closely with architects from Aberrant Architecture to design and make bricks that represented their identity and sense of place in their neighbourhood. They firstly drew, then made clay models of their designs, and then used 3D modelling software to design their bricks. When the designs were complete, the children visited The Fabrication Laboratory at The University of Westminster to see first hand how their computer designs were cut to make foam moulds. The children also had the opportunity to talk to students at the university and ask them questions about projects that they were working on. The next

stage of the project involved the making workshop where they papercrete made using scrap paper messy and enjoyable process! Once collected from us and taken to the to build the igloo. Finally, the work by visiting The Storytelling was the first time they saw the exciting to see their work on public project have shown wonderful from 5T explained how he enjoyed



children taking part in a bricklearnt how to cast bricks using from the school. It was a very the bricks had dried, they were Arts Depot where they were used children celebrated all their hard Igloo exhibition at the Arts Depot. It finished igloo and it was very display. All children involved in this creativity and enthusiasm. Karim designing his brick. "I enjoyed using

Sketch Up to make my design because I learnt how to do something new on the laptop." Isabella from 6M said, "It was so exciting seeing my work on display and I enjoyed going to The Fab Lab to see the CNC machine that made our moulds." The Storytelling Igloo exhibition is open to the public until 31<sup>st</sup> December. *Ms Reena Pindoria* 



**3N's fabulous trip to Rushgrove Park, by Negaah Ahmadi.** Last Friday we travelled to the magnificent Rushgrove park using the maps that we made in class. All of us went to the park because we needed to test forces. We

really enjoyed going to the park and want to return soon. Before we left, we had to partner up because we needed to learn how to use our maps. I chose Marwa to be my

partner. As soon as we walked sensibly out of the big school, me and Marwa started talking. Soon we reached a big road. There were no cars so we crossed it without getting hurt. On the other side, there was the park! Me and Marwa started singing songs. We walked on the pathway and I told Marwa to look on the map to see if we could find where we were. Then, me and Marwa looked at the



playground. As we arrived, Mr Najjar warned us to behave and be safe then he let us play in the playground. First I went on the big, tall climbing frame. I then discovered a force. It was the friction of the rope! I ran to Marwa to tell her that I had discovered a force. After, I went on the swings. Suddenly, Rowan ran without looking and we bumped heads! Luckily, Ms Foreman came and made us feel better. As soon as we felt better, Mr Najjar put his hands up and so did the rest. All of us split up to do different activities. They were bowling, parachuting and tug of war. I started with parachute and it was so much fun.