



Cygnet parent/carer autism training

A comprehensive training and support program for parents/ carers of children aged 5 -18, with a diagnosis of autism. This course is available *free of charge* to families living in Barnet.

Cygnet is a 6 week training course covering topics including:

- An overview of autism
- Communication
- Sensory needs
- Understanding behaviour

This course also gives parents/carers an opportunity to meet to meet each other and share their experiences.

At: When:

Holly Park School Mondays 10-12

Bellevue Road, Friern Barnet,

London N11 3HG From 29th October 2018

The course is free but it is essential that parents/carers register

Contact Luci Rose from the Autism Advisory Team :

<u>Autism.Team@Barnet.gov.uk</u>

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