



Rights Respecting Article for March: **Article 26/27**. Every child has the right to food, clothing, a safe place to live and have their basic needs met.

Colindale Primary School Newsletter March 2023

Messages from the school office

Nursery 2023-2024 – Offers will be going out in April 2023. If you have not applied for a place for your child to start in September, please do so ASAP. Application forms can be either emailed or collected from the school office.

Arbor – Please remember to activate your Arbor account. If you have any questions, please call the school office. Arbor will be used for all communications with parents/guardians and payments. From April we will not be using Weduc or ParentPay.

ParentPay – All outstanding monies owed for lunches, educational visits, nurseries fees and breakfast club will be moved to your Arbor account, also if you have credit, this amount will be moved to your account. On Arbor the transferred balance will show an initial balance.

School library - We are delighted to announce that from the start of the summer term we will be using a new online library management system called Librosoft Librarian. So that your child can have access to books and borrow books to take home, we need your consent for the holding of certain data. The data you provide will be stored securely and encrypted to ISO27001 standards. Backups will also be encrypted. Your data will be held for six years after you leave the school or will be deleted within six weeks of Colindale Primary School terminating the contract with Librosoft Librarian. Please note that we require the completion of one form per child. **If you do not give your consent, your child will not be able to borrow a library book.**

Here is the link to the form <https://forms.office.com/e/m7MVhwxY52>

Dates To Remember

17/04/2023 - School opens – all children return to school.

28/04/23 - 4G Class Assembly

01/05/2023 - Bank Holiday No School

08/05/2023 - Bank Holiday No School

9 – 12th May SATS KS2

Weeks beginning 1st, 15th & 22nd May KS1 SATS

Eco Schools and Healthy Schools (Article 27: Every child has the right to food, ...)

As part of our commitment to protect the environment and educate our pupils on what they can do to protect it as well as eat healthy food, we are introducing a monthly plant-based recipe that you can try at home with the children. They are from [ProVeg International](#) who is helping schools across the UK improve the health of their pupils and help the planet both at the same time.

Recipe of the Month

Jackfruit Tuna Salad



Preparation time: 35 minutes

Servings: 10

Ingredients :

2 tbsp capers
2 tbsp tamari sauce
2 tbsp rice vinegar
1 tbsp caper water
2 tbsp no-fish sauce or more tamari

Instructions:

For the jackfruit-tuna marinade:

- Put all the ingredients for the tuna marinade in a blender and process until smooth.

For the jackfruit tuna:

340 g young jackfruit in brine, drained

Rinse and drain the jackfruit and pull it apart in threads.
-Put the pulled jackfruit on a baking pan and pour the marinade over it.
-Mix well until all jackfruit is covered, then put the pan in the oven. Grill at 200 °C for about 20 minutes.
-Take out of the oven and let cool.

For the salad:

240 g cooked white beans
6 radishes
1 red onion
100 g pickled cucumber
2 tbsp dill chopped
150 ml vegan mayonnaise
1 lettuce head
salt and pepper, to taste

-In a salad bowl, roughly mash the white beans with a fork or a potato masher.
- Finely chop the radishes, onion, and pickles, and add to the mashed beans.
- Add the mayonnaise and the dill and mix well. If the consistency is too thick, add a bit of the pickle brine and mix in the cooled jackfruit tuna.
-Add some salt and pepper to taste, mix, and serve on salad leaves.
- Garnish with some extra dill, radishes, or chopped chives.

This delicious creamy salad, made with pulled 'jackfruit tuna', can be served chilled on salad leaves or used as a sandwich filling for an impressive and satisfying appetizer or party snack.

Bike Ability

Bikeability is the nationally recognised cycle training programme which is about acquiring the practical skills to cycle safely and with confidence on today's roads.

On **Wednesday 29th and March 30th March**, 30 children from year 4 classes took part in **Level 1** bike ability sessions which are designed to give children control over their bike in groups in a space safe away from traffic. The children successfully completed their Level 1 training and got a badge and a certificate.



Swimming Gala 2023

On Monday 20th March 2023, 12 children travelled to Barnet Cophall Leisure Centre to compete in the annual Barnet Swimming Gala. Colindale was 1 of 15 other schools who were competing at this event. All the children were excited and couldn't wait to race!

When we arrived Mrs Banfield was there to meet us all. We went inside and sat poolside. All the children eagerly looked out for their family members in the stands. Once all the schools arrived the gala could begin!

Every child competed in an individual 25m race. After all the individual races Colindale were joint third, with three team relay races to go. The Year 3 & 4 relay team came 2nd and then the Year 5 & 6 team matched this with a 2nd place. Going into the final team relay the children were confident and supported each other brilliantly. In this race Colindale came 3rd! Once all the scores were added together from the individual races and the relay races all the schools sat patiently, waiting for the overall results to be announced.

Colindale came in 2nd place!!!!!!

Everyone was thrilled and so happy. The parents watching in the stands were on their feet cheering and celebrating. Mrs Banfield was beaming and clearly so proud of them all. Each child received a silver medal which they proudly wore.

Well done everyone and a massive thank you to Mrs Banfield for all her hard work and dedication in teaching and training the swimmers for this event.

RRSA

This half term has been one of preparation for the visit of the UNICEF Assessor, who will hopefully be awarding Colindale School the Gold Level after her visit on Thursday 30TH April. During preparatory meetings, both the Rights Champions and School Councilors have demonstrated a strong knowledge of Rights Respecting at Colindale and are looking forward to sharing their thoughts and opinions with the assessor. As one walks around the school, it is evident that the rights agenda is embedded in our curriculum and ethos.

Science Week (Article 28: Every child has the right to a good education,...)

Science Week, held over two weeks, was a great success. We had around 300 parents and family members come and join us for our fun workshops! Parents of **Nursery** children joined in with activities which focused on the theme of 'Connections'. Children thought about how wood comes from trees and went on a hunt around their classroom to find things that were made of wood. They also carried out an investigation on the effect of washing up liquid on milk, where once the washing up liquid is poured onto the milk it separates. Another activity included looking at seeds and trying to guess what they might grow into. This linked to the story of The Little Red Hen, which the Nursery children had been learning about that week.



In **Reception**, children had a variety of activities including some based on books they had been reading. The children joined in with building bridges using Lego or small wooden blocks; making boats from junk modelling and then testing them to see if they floated; building an aqueduct with guttering in order to take water from the gardening area to the hill in the outside area; making a telephone with cans and string; and investigating the connection between weight, speed and distance by testing cans on a simple ramp. There were many excited children building and testing everywhere you looked.



In **Year 1** pupils made bubble wands with their families to find out if the shape of the bubble wand changed the shape of the bubble. It was, however, an incredibly windy day, which made blowing the bubbles quite difficult. Some of the pupils were fantastic at creating the bubbles and everyone had so much fun. We found out it doesn't matter what the shape of a bubble wand is, the bubble will always be a sphere!



Year 2 held their annual 'Make the tallest tower' competition. Every year this competition proves to be as much fun for the children as it is for the parents. The pupils and families were given newspaper, recycled paper and tape to construct a tower which would hold a cube up. From very excited pupils, to families standing on tables to make sure their tower get taller and taller, everyone had a fabulous time. Fantastic teamwork could be seen across the year group with pupils helping each other and adults working together with them. Many of the tallest towers managed to touch the ceiling with groups in 2C creating their own Burj Khalifa, Eiffel Tower and Colindale Tower!



Year 3



took their



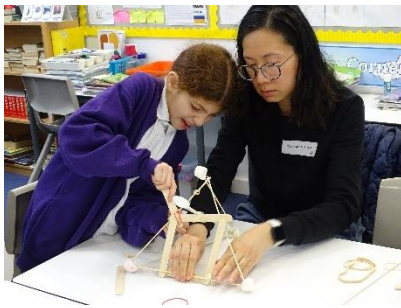
science learning outside. They were focusing on the connection between exercise and heart rates. They learnt how to take their pulse and about the effects of exercise on their bodies. The pupils and their families were carrying out star jumps, running up and down the field and checking to see how fast their heart was beating and their pulse was going. Everyone was exhausted by the end of that session.



In **Year 4** pupils and families worked through several different experiments. They made water walk; created rain in a cup and grew a rainbow. The children discussed each experiment and predicted what they thought would happen. The pupils really enjoyed growing a rainbow and rain in a cup experiments. This could be seen by the expression on their faces and the sound of excitement coming out of every classroom.



Year 5 couldn't believe their luck when their teachers showed them, they were creating marshmallow catapults! Working in small groups with their families, they used wooden skewers, blue tack, lolly sticks, rubber bands and of course marshmallows. There were small bits of marshmallow being flung in all directions and the pupils thought carefully about how the catapult would need to work. They had a contest to see who could create a catapult that would throw the marshmallow the furthest distance. Some were fantastic and managed to catapult the marshmallows as far as 3 meters. We also found a few parents who excelled at making catapults.



In **Year 6** pupils and families were making slime. The pupils used baking powder, PVA glue, food colouring and contact lens solution. Though it was difficult, they were determined to make it work with some pupils doing an excellent job. For other pupils, they realised that their slime had become brittle because they had added too much contact lens solution. They then had another go at making the slime. They learnt that how chemicals react can vary depending on how much is added. All the pupils loved just having fun with something messy and creating their own versions of slime. If you would like to make your own slime (with parent supervision) please follow the link below:

[How to make slime | BBC Good Food](#)



Reception – Jack and the Beanstalk Performance

Having focussed on traditional tales this term, the children had a fantastic opportunity to watch a live theatre performance of Jack and the Beanstalk. The story was captivating from start to finish and the children (and adults) found it very funny. After the show, the children took part in a mini workshop and practised stage skills that were focussed on voice, movement, facial expressions and gestures.



Year 2 trip to St Matthias Church (Article 14: Every child has the right to believe in and practice their own religion as long as they are not stopping others in enjoying their rights.)

On Thursday 23rd March, **Year 2** visited St Matthias Church in Rushgrove Road. We met Father Matthew Duckett and he retold the story of Easter to the children and he explained why Easter is celebrated by Christians. The children held artifacts that helped retell the story. We learnt that Easter is a special time because Christians believe it is the time when Jesus died and was resurrected. During Easter, Christians wave crosses that are made out of palm leaves because it reminds them of Jesus being welcomed into the city. They also light candles and a fire to symbolise hope. He spoke about important women who helped Jesus at this time. At the end of the session some of the children had interesting questions to ask Father Duckett, such as 'How did Jesus come back to life?'. The children said they really liked seeing the church and joining in retelling the story. Year 2 were very respectful and so well behaved, it was a pleasure to take them.



Year 4 Viking Workshop



On Monday 20th March, **Year 4** had a visitor from Fulham Palace who delivered an interactive and fun Viking Workshop. The children learnt about how the Vikings travelled to London along the River Thames on longboats. They had the opportunity to dress up as Vikings and even try on a helmet similar to one that the Vikings would have worn. The children were also given artefacts to handle including replica coins, jewelry, and a real horn from a bull. The children also had a go at translating some Norse Runes using clues given. It was fascinating for the children to learn that it is sometimes difficult to prove historical events as there isn't always enough evidence to support various claims.

"I found it really interesting that the Anglo-Saxon Chronicles said that Vikings had settled in Fulham, but no evidence has been found to prove this." Guycha 4P

"I enjoyed translating the Runes into English because it felt like a mystery to solve. I also enjoyed dressing up as a Viking." Najla 4J

"I enjoyed holding the things that the lady brought to show us. There were some precious stones and a real horn that was around 3000 years old." Tiara 4G

The workshop was a fantastic introduction to our Vikings topic and one that all the children thoroughly enjoyed. We're now looking forward to learning more about the Vikings in the summer term.



Year 4 Animation Premiere

On Monday 27th March, we had our animation premiere where we presented our stop motion animations to parents as well as Year 3. **Year 4** put on their best clothes and brightest smile for our fabulous animation premiere. Thank you to all the parents who were able to come as it was such a lovely way to celebrate the children's achievements across the curriculum in this multimedia project. The



final outcome of the animations was of very high quality and the stories the children created were both brilliant and unique.



Colindale Choir – Voice in a Million (Article 31: Every child has the right to relax, play & take part in a range of cultural activities...)

After weeks of practice and lunch times given up, our day finally arrived! Colindale Choir, comprising of boys and girls from year 3 to 6, set off to Voice in a Million at the OVO Wembley Arena on Wednesday the 15th March. Children and adults were buzzing with excitement as we walked to catch the 83 bus. When we arrived, the arena was packed with 6,000 children, making us one of 150 schools taking part. The day began with a practice run of all the songs and dances the children have been learning including a banner walk to which Colindale's Year 6 girls walked with pride! The children even got the opportunity to get autographs from the show's presenter, Heart Radios Jonny Meah. After our snack and eating our dinner, it was almost showtime! In no time at all, the arena was filled with proud families of the children and luckily, we were able to spot a few in the crowd. Then it was lights out and **SHOWTIME!** Each and every child (and adult) had a blast singing and dancing along to all the songs! We had such a fun time and loved every minute of it!!





WORLD BOOK DAY®

Changing lives through a love of books and reading.

At the beginning of March, the whole school celebrated World Book Day by taking part in various exciting activities based around stories. The children and staff had fun dressing up as their favourite book characters for the day – everyone looked fabulous in their costumes! During the day the children took part in a range of exciting book-related activities; such as lessons based upon stories, they listened to a wide variety of books read to them throughout the day and finally they paired up with a buddy from a different class to read or be read to. It was a great success and everyone enjoyed themselves!





A few days later, the children took part in storytelling workshops presented by Sarah from Wise Moves, an educational art and dance company. The aim of the workshops were for the children to be immersed in an interactive performance to celebrate World Book Day and to hear stories which it is hoped will inspire a love of and a passion for reading and writing. The children, and staff alike, said how they enjoyed, and were engaged, by the stories that they heard.

The final event to end our celebrations of everything about books was our regular visit by the Travelling Book Fair. This was again a fabulous success and we took an amazing total of **£987** which has helped us to raise money towards free books for our school library. Thank you to all those parents who visited the book fair and helped us to provide new books for the library.

I want to take this opportunity to wish the community of Colindale Primary School a Happy Easter and Passover and an enjoyable month of Ramadan. I wish you all a restful and safe holiday. See you back at school on the 17th April!

