



Rights Respecting Article for April: Governments must ensure that EVERY child can enjoy their rights. Governments must do all they can to help children survive and develop their potential.

Colindale Primary School Newsletter April 2023

Messages from the school office

Arbor – Please remember to activate your Arbor account. If you have any questions, please call the school office. Arbor will be used for all communications with parents/guardians and payments.

Weduc and ParentPay – We no longer use either of these services. Please delete them and use Arbor for all payments and communications.

Arbor In-App Messages – If you send the school an in-app message, please give your child(ren)'s name and class and details of what you require. The more information we have the quicker we can deal with issues or requests.

School Uniform – As the weather gets warmer, please ensure your children come to school dressed appropriately, with their water bottles and sunscreen applied and wearing a sun-hat or cap. All uniform items should be clearly labelled.

Our new School Uniform provider will be set up very soon. We will send you the details and put a link on our school website ASAP.

Dates To Remember

01/05/2023 - Bank Holiday No School

02/05/2023 – Possible NEU strike

08/05/2023 - Bank Holiday No School

9 – 12th May SATS KS2

Weeks beginning 1st, 15th & 22nd May KS1 SATS

Eco Schools and Healthy Schools

In March we took part in the **Sustrans Big Walk and Wheel Challenge**. 2772 schools took part and Colindale came 93rd nationally and 44th in London, with a total of 4888 sustainable journeys. This is quite an achievement! Well done Colindale for supporting the protection of the environment and embracing the benefits of active travel.



Plant-based Recipe of the month (adopted from ProVeg International)

BAKED FETA WITH ALMOND-OLIVES CRUST

A simple and delicious way to make a vegan feta cheese more impressive and satisfying is by adding an almond-olive crust to it. The crust can be prepared in the pan in a few minutes, then added to the feta block and baked until golden and crispy. Delicious!

Ingredients

100 g	onions
100 ml	olive oil
150 g	bread crumbs
150 g	ground almonds
50 g	black olives, cored,
50 g	parsley, fresh and chopped
	salt and pepper to taste
4 packs	vegan feta cheese (in 150g blocks/slices)

Instructions

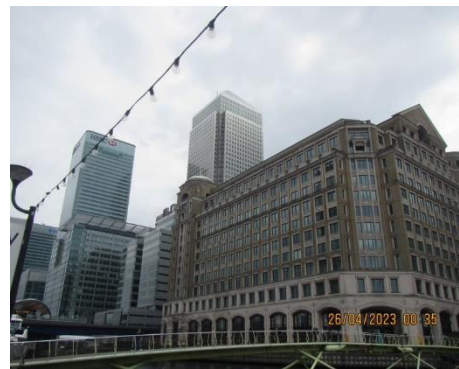
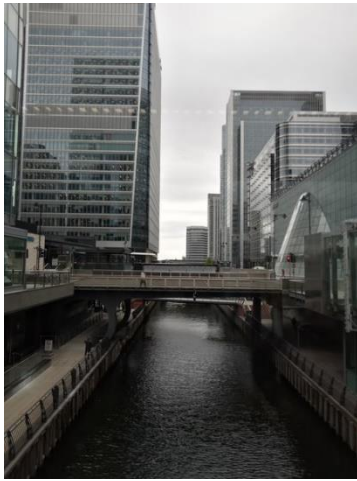
- Cut the onions into fine cubes and roast them in a pan with the olive oil until translucent. Add the breadcrumbs and ground almonds, roast everything for a few minutes and let cool.
- Finely chop the olives and add to the mixture, along with half of the parsley and seasoning.
- Gently press the crust mixture into the feta slices.
- Transfer to a baking tray and bake for about 6 minutes at 180°C.
- Top with the rest of the parsley and serve.

If you are allergic to nuts, use only breadcrumbs for the crust.



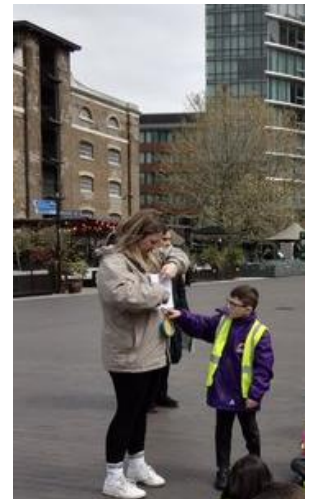
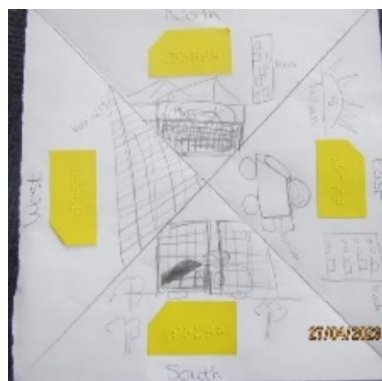
Year 3 Trip

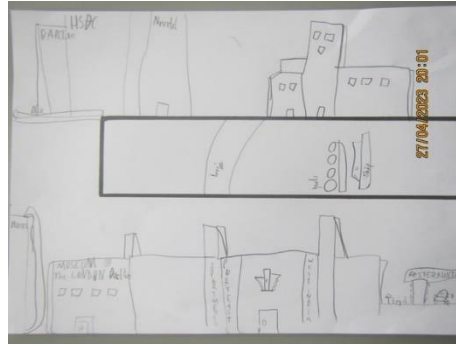
Earlier this month, as part of their Geography topic about Rivers, Year 3 visited the London Docklands.



The children took the tube from Colindale to Canary Wharf. Once there, they used a wide range of Geographical skills to discover what the area was like.

They looked at features of the area and talked about what the area is used for. They noticed lots of tall glass buildings used for businesses, leisure, transport and homes. They used a compass to find out where North, South, East and West were and identified key features in these locations. They found a disused market, an airport, several stations - including the Docklands Light Railway, the Thames river and various businesses, hotels and restaurants. They also sketched a map of the area and labelled the features. Then they looked at photographs of the area from the past and discussed how the area has changed over time.





All the children were exceedingly well behaved and keen Geographers! It was a pleasure to go with them.

Flora Christie Geography Lead